

HONEY &

You can take it daily with all meals or as a Nutritional supplements

You can also eat Honey Charged pollen honey in combination with milk, smoothies, or with tea and tea.

Attention: People who are allergic to bee products should consult their doctor



#### WHAT IS IT GOOD FOR?

✓ Cancer treatment and prevention
✓ Reducing the damage of chemotherapy
✓ Prevention of heart diseases
✓ lowering blood cholesterol
✓ source of protein for children and athletes
✓ Reduction of menopausal symptoms in women
✓ Recovery and reduction of weakness

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# HONEY CHARGE POLLEN HONEY

#### 🗘 Natural functional food



### **ABOUT COMPANY**

Efrang Fam Parsian Company has been active in the production and processing of bee products for more than ten years, we have been exporting our products to other countries for more than eight years and we were able to participate in the best exhibitions in the world. we tried to produce super functional products that are rarely available anywhere else, during this time we tried to be up-to-date and teach our beekeepers how to produce products with the latest world knowledge. To produce quality, we tried to collect the best and highest quality bee products that include honey, pollen, propolis and royal jelly from all over Iran. we use the latest technology in our equipment and we insist To produce products without any preservatives or chemicals and pesticide.



#### BENEFIT OF POLLEN

Pollen contains more than 250 biologically active substances, on average, about 30% of pollen is composed of protein. Pollen contains all the essential amino acids of the human body, to the extent that daily consumption of 30 grams pollen can provide enough protein for body. The presence of a high amount of protein in flower pollen is even more than other protein sources such as meat and legumes, and for this reason, it has gained many fans among athletes. The presence of a wide range of essential fatty acids along with vitamins A, C, D, E, B1, B2, B6, B12, along with flavonoids has made it known as a medicine in many countries such as Germany. and essential fatty acids can be helpful for people who are involved in the side effects of chemotherapy or have physical and sexual weakness. In addition, due to the presence of steroid precursors, pollen is also used as a sports supplement.



## WHAT IS POLLEN?

The main sources of food for bees are nectar and pollen. Pollen is actually the male sex cell of a plant, which is the only source of protein and minerals for bees. By sitting on the flowers, the bee collects the best and highest quality pollen and attaches it to the pollen bag on its back legs and takes it to the hive to store for itself. Beekeepers collect the pollen by placing special traps at the entrance of the hive. And they use it.